



# Stand Out!

## Stand Out! From school to work—a look at the real world and how to stand out in it.

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**Your appearance** and the way you carry yourself in every situation can greatly influence your success in life.

Having confidence and a high self-esteem is a precious asset. An asset that will lead you confidently when dealing with decision making, career choices, the social circle, relationships and leadership opportunities.

Studio West delivers this innovative programme exploring life after school. How to get ahead, making decisions confidently and most of all understanding how it all really works are the nuts and bolts of this must attend one day programme for 15-18 year olds.

**Paula Smith** our Training Director has been involved in training and developing people for over 20 years in personal and professional development. Her personal development school was the largest in the country and many of her programmes were nationally accredited. Paula has trained thousands of business people and school students over the years to put their best foot forward to achieve success.

Her passion is to help individuals strive to reach their full potential and has an active interest in VET and our education and training framework.

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### The Stand Out school workshop will cover:

- A glimpse of your future
- The X Factor
- The world of work
- Training and education framework
- Powerful first impressions
- Communication in the workplace
- Career options
- Accessing information
- Marketing yourself
- You dynamite resume
- Taking charge and taking action



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Presentation Skills, Customer Service, Training and Assessment, Communication, Frontline Management are just some of the other soft skill programmes Studio West can deliver for you.

Visit our website or phone us personally so we can help you with your training solutions.

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